

With all of the must-do activities in your life today, how can you fit in the activities you want to do? Better yet, what about activities you need to do? Implementing these new behaviors requires change, and let's face it, change is hard! It's a lot easier to quit or, at best, give a half-hearted effort. The problem with taking the easy route is that you don't feel you've accomplished anything, and you rarely see lasting results. In this practical, actionable book, Scotty Studer shows you how to implement the important-but-not-urgent habits in your life by making small changes. These changes will not require a drastic alteration in your "routine" or require a lot of time to do, but they will provide consistent results! By using personal life stories and examples from others, he gives you specific habits to implement that are effective, and easy to do! You will learn how to have:- An actionable plan to create financial stability- A closer, personal relationship with God- Friends complimenting you on how thin and fit you look- Relationships with your kids growing deeper and more meaningful than ever before Don't take the easy, half-hearted route to implement proactive habits. Instead, learn how to achieve lasting results by taking small, intentional actions every day in four important areas of your life: faith, relationships, health and finances! Scroll to the top and click the "buy now" button and you will begin implementing the important-but-not-urgent activities in your life!

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