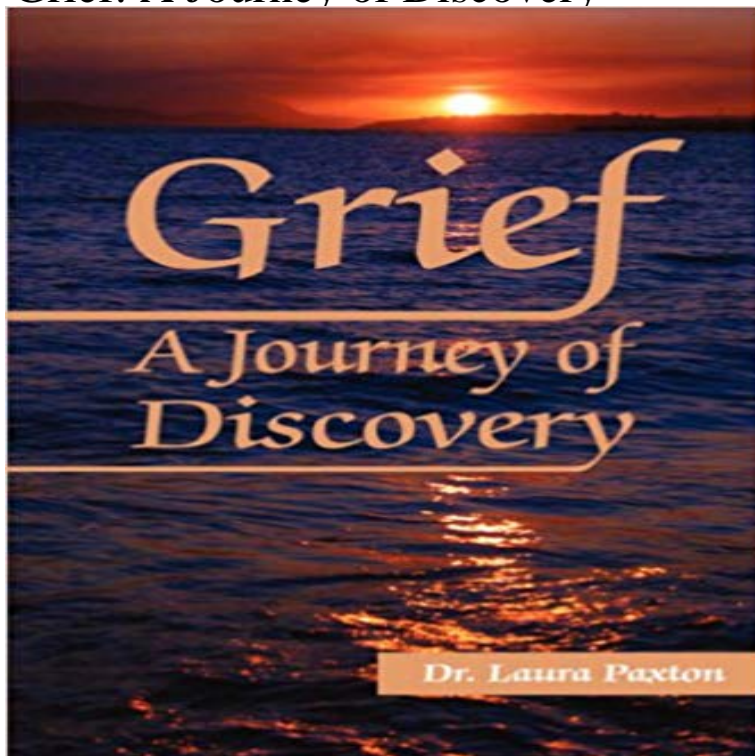


Grief: A Journey of Discovery



Dr. Laura Paxton opens her heart and soul to share the depths of her grief and despair over the passing of her husband in *Grief: A Journey of Discovery*. She writes of her long, slow climb back to life and shows readers that even when life kicks them in the heart, they can, with time and determination, breathe again. Readers, especially those who have lost loved ones, will gain additional understanding from this book. Through gradual acceptance and the creating of a new life, Paxton offers hope to others on their journey to recovery.

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