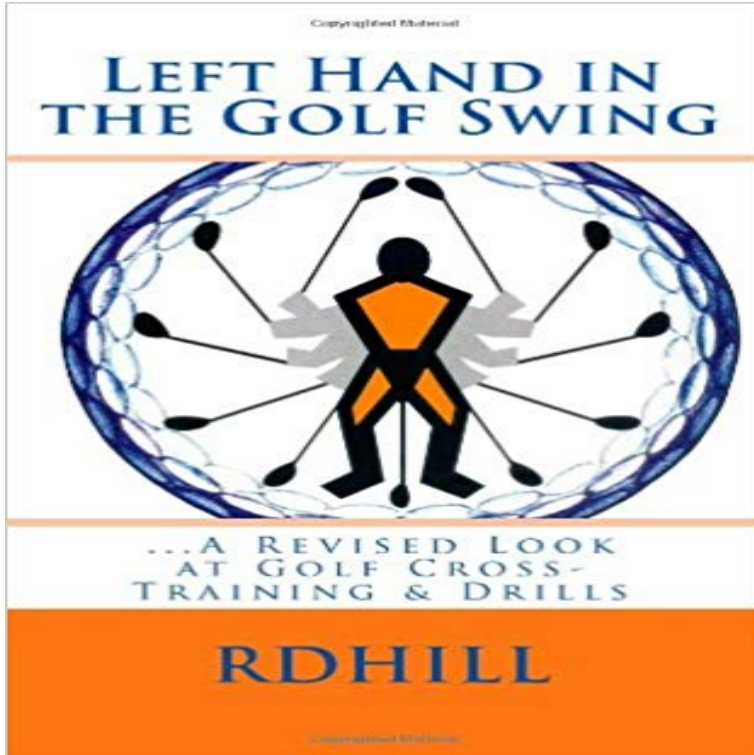


Left Hand in the Golf Swing: ...A Revised Look at Golf Cross-Training & Drills



Golf is Life, and Life can be Hard. Golf is A Game Played Sideways. Its tricky & tough to get good at. If you golf, you know, but thats why you like it - For the Grind, the Personal Challenge & the Subtle Rewards of Success. Golfing well builds Confidence, and Confidence Is A Changed Life...!! My book is a Design for Your Improvement and A Formula for Your Success...!! CONSIDER: Two hands grip the club - typically a strong Right Hand and a weaker Left. 90% golf right-handed. STRENGTHEN THE LEFT, BALANCE THE POWER & PLAY BETTER GOLF...!! Thats the theme of the book. It applies to Leftys, too. Leftys just read right-for-left. Readers agree: The principles quickly deliver measurable results - Lower Scores and More Golf Pleasure from striking the ball well...!! THERES A DRILL FOR EVERY SWING FLAW. The book describes a host of Similar Sports & Beneficial Activities to quickly coordinate your Non-Dominant Left Hand to work fluidly in the swing with your Dominant Right one. Practice at your desk, while driving or working around the house. LIVE YOUR GOLF SWING, and PLAY MORE GOLF when you have the time for it...!! Cleaner ball strikes - especially with the long irons - is one of the pure pleasures of golf. Bad golf is NOT the Right Hands fault... Nope. Its the Lazy Left not pulling its weight. Not doing its job. Whys that..?? Because it has Never Been Trained, so it is Under-developed & Uncoordinated. CONSIDER: Even when swinging at a baseball or softball, the Right Hand has only ever pushed a bat. Any appendage can push or shove. But Develop the Left to Pull with Precision & Power and youve got a BALANCED GOLF SWING & A BETTER GAME. * * * *

* Golf prowess is Grown. You EARN your game. Few are born with natural ability and there is no magical swing fix you can wake up to overnight. Im simply

telling you the truth here. Talent gained is a process, not an event. Ability is Nurtured. My book shows you how. And once youve got it, you own it! TALENT IS ITS OWN REWARD. Simply pay attention to the Drills & Activities to strengthen your non-dominant hand - and Improve Your Golf. Expect Different - But Not Difficult - new uses for your off hand. Theres NO GRIND, NO FEAR & NO TENSION. STEADY USE YIELDS MEASURABLE RESULTS. You WILL FEEL IT QUICKLY. Youre entitled to BE THE BEST YOU CAN BE, and only YOU can make that happen...!! Ben Hogan said, The Secret is in the Dirt. Mr. Hogan meant the Work of Practice. WINNERS MAKE IT A LABOR OF LOVE. * * * * * So thats the outline. The details are in the book. I guarantee it will change your game... Get you off the practice tee & out on the course Playing More Golf...!! Golf is a great way to be outside. Let Left Hand in the Golf Swing Make it Fun for You...!!

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