

Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart



Extraordinary things happen when we harness the power of both the brain and the heart. Growing up in the high desert of California, Jim Doty was poor, living with an alcoholic father and a mother chronically depressed and paralyzed by a stroke. Today he is the director of the Center for Compassion and Altruism Research and Education at Stanford University, of which the Dalai Lama is a founding benefactor. But back then his life was at a dead end - until at the age of 12, when he wandered into a magic shop looking for a plastic thumb. There he met Ruth, a woman who taught him a series of exercises to ease his own suffering and manifest his greatest desires. Her final mandate was that he keep his heart open and teach these techniques to others. Ruth gave Doty his first glimpse of the unique relationship between the brain and the heart. Doty would go on to put Ruth's techniques to work, bringing power and wealth that he could only imagine as a 12-year-old. But he neglected Ruth's most important lesson, to keep his heart open, with disastrous results - until he had the opportunity to make a spectacular charitable contribution that would virtually ruin him. Part memoir, part science, part inspiration, and part practical instruction, *Into the Magic Shop* shows us how we can fundamentally change our lives by first changing our brains and our hearts.

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And like little **Into the Magic Shop: A Neurosurgeons Quest to Discover the** : Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart (Audible Audio Edition): James R. **James Doty The Magic Shop of the Brain - On Being Into the Magic Shop: A Neurosurgeons Quest to Discover the** Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart eBook: James Doty MD: : Kindle **Into the Magic Shop: A Neurosurgeons Quest to Discover the** Nov 19, 2015 INTO THE MAGIC SHOP. A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. by James R. Doty. **Into the Magic Shop: A Neurosurgeons Quest to Discover the** Into the Magic Shop : A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. 4.19 (1,874 ratings by Goodreads). 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Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. **Into the Magic Shop: A Neurosurgeons Quest to Discover the** He is the author of Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart (Penguin, 2016). **Into the Magic Shop: A Neurosurgeons Quest to Discover - Amazon** Mar 10, 2016 - 77 min - Uploaded by USC ORLMindfulness USC Presents: Into the Magic Shop: A Neurosurgeons Quest to Discover **Into the Magic Shop: A Neurosurgeons Quest to** - Feb 2, 2016 (eBook) of the Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart by James R. **Into the Magic Shop: Harnessing the power of both the brain and the** Achetez et telechargez ebook Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart: Boutique Kindle **Into the Magic Shop: A Neurosurgeons Quest to** - Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart eBook: James Doty MD: : **Into the Magic Shop: A Neurosurgeons Quest to Discover the** James R. Doty, M.D., FACS, FICS (born 1 December 1955) is a Clinical Professor of He is the New York Times bestselling author of Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart published by Penguin Random House on February 2, 2016. It has been **Into the Magic Shop: A Neurosurgeons Quest to Discover the** Buy Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart on ? FREE SHIPPING on **Into the Magic Shop: A Neurosurgeons Quest to Discover the** Buy Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart on ? FREE SHIPPING on **Into the Magic Shop: A Neurosurgeons Quest to Discover the** Dr. Doty talks about his new book, Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart. 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Doty MD: 0884280438421: Books **Into the Magic Shop : James R Doty : 9781594632983** Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart eBook: James Doty MD: : **Into the Magic Shop: A Neurosurgeons Quest to Discover - Amazon** Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart [James R Doty] on . *FREE* **About James R. Doty, MD Into the Magic Shop** Feb 11, 2016 He is the author of Into the Magic Shop: A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart.