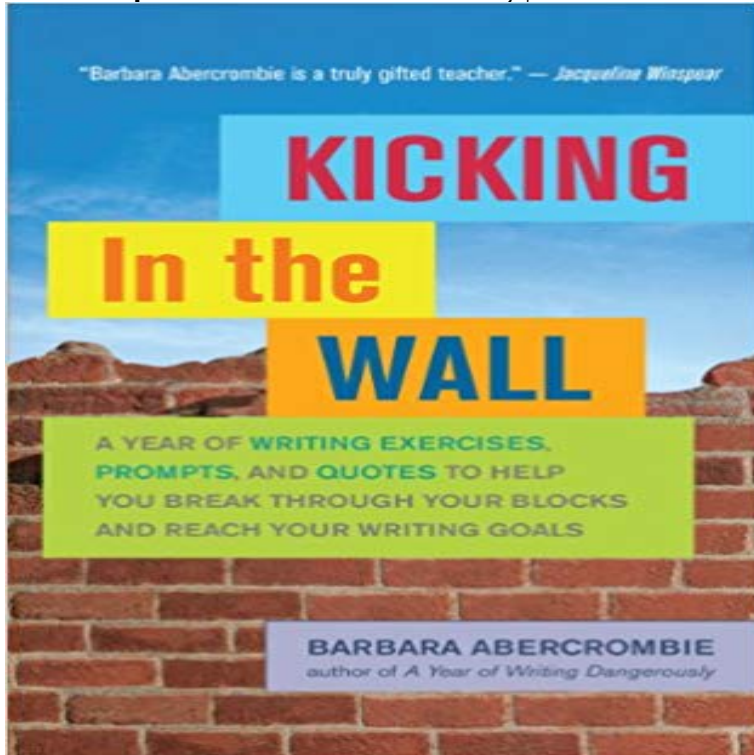


Kicking In the Wall: A Year of Writing Exercises, Prompts, and Quotes to Help You Break Through Your Blocks and Reach Your Writing Goals



When Patti Smith was plagued with writers block scattered and stymied, surrounded by unfinished songs and abandoned poems playwright Sam Shepard advised her, When you hit a wall, just kick it in. In these pages, Abercrombie shows readers how to do just that. Like a workout with a top trainer, her writing exercises warm up, stretch, and build creative muscle. Quotes from famous writers inspire each days exercise. Though Abercrombie says readers need only commit five minutes to each exercise, she writes, Ive seen novels, memoirs, and many essays get started in those five minutes, and a lot ended up being published. Her playful, powerful method is ideal maybe even essential fuel for writers trying to get off the starting block, persevere through challenges, and cross their personal creativity finish lines.

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