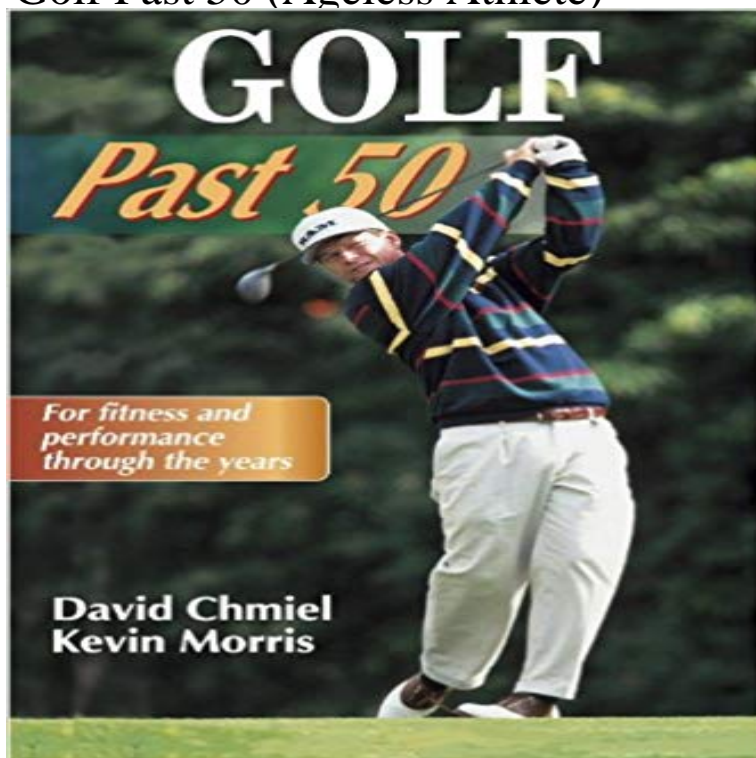


## Golf Past 50 (Ageless Athlete)



Golf greats like Jack Nicklaus, Tom Watson, and Arnold Palmer provide a daily reminder there is life after 50 on the golf course. In fact, these top pros and thousands of other 50-and-over players are finding that with the right preparation, the golden years can be some of the most successful and enjoyable they've ever had on the greens and fairways. *Golf Past 50* offers practical advice and professional insights for those players who want to continue to enjoy golf and play it successfully throughout their lives. Written by two experts at *Senior Golfer* magazine, the book discusses golf fundamentals, fitness and flexibility, breakthroughs in equipment technology, and keeping the game fun. In *Golf Past 50*, readers will learn how to: - match equipment with their golf goals and playing style,- lower scores through proper course management,- develop a smoother putting stroke,- improve stroke consistency and accuracy,- overcome the yips (mental breakdowns during putting), and- take a fuller swing to get more distance out of shots. Featured in the book are dozens of lessons, tips, and drills from Senior Tour pros like Hale Irwin, Graham Marsh, Jim Colbert, Larry Nelson, and Bob Duval. Through anecdotes and step-by-step instruction, they cover everything from balance and backswing to driving strategy and putting. With *Golf Past 50*, players 50 and over can rest assured that their best golf lies ahead. *Golf Past 50* is part of the Ageless Athlete Series published by Human Kinetics, designed to help readers stay active and feel younger every day.

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,8,9,10,14,15,17,18,19,20,21,22,23], 50,
50, 100); amzvowels.initializeAndStart();
}}, 8000)); }
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return custRev + (index + 1); } }, { id:
sims_fbt }, { id: purchase-sims-feature }
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DAcrt }, { id: vtpsims }, { c: celwidget
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}, { id: unifiedLocationPopoverSelections
} ]; (function(a){var
b=document.ue_backdetect;b&&b.ue_back
&&a.ue&&(a.ue.bfini=b.ue_back.value);a.
uet&&a.uet(be);a.onLdEnd&&(window.ad
dEventListener?window.addEventListener(
load,a.onLdEnd,!1):window.attachEvent&
&window.attachEvent(onload,a.onLdEnd))
;a.ueh&&a.ueh(0,window,load,a.onLd,1);a.
ue&&a.ue.tag&&(a.ue_furl&&a.ue_furl.sp
lit?(b=a.ue_furl.split(.))&&b[0]&&a.ue.tag
(b[0]):a.ue.tag(nofls)))(ue_csm); var
ue_pty=Detail, ue_spty=Glance,
ue_pti=0736002111; v
(function(g,h){function d(a,d){var
b={};if(!e !f)try{var
c=h.sessionStorage;c?a&&(undefined!==ty
peof
d?c.setItem(a,d):b.val=c.getItem(a)):f=1}ca
tch(g){e=1}e&&(b.e=1);return b}var
b=g.ue
{ },a=f,e,c,a=d(csmtid);f?a=NA:a.e?a=ET:(
a=a.val,a (a=b.oid
NI,d(csmtid,a)),c=d(b.oid),c.e (c.val=c.val

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0,d(b.oid,c.val+1)),b.ssw=d);b.tabid=a})(u
e_csm>window);      (function(b,c){var
a=c.images;a&&a.length&&b.ue.count(tot
alImages,a.length))(ue_csm,document);
      ue_csm.ue._rtn      =      1;
(function(e,f){function h(a){a=a.split(?)[0]
a;a=a.replace(http://,).replace(https://,).repl
ace(resource://,).replace(res://,).replace(undef
ined://,).replace(chrome://,).replace(//*/g
,).replace(/!/g,).replace(/~/g,);var
b=a.split(/);a=a.substr(a.lastIndexOf(/)+1);
b.splice(-1);b=b.map(function(a){c[a]
(c[a]=(k++).toString(36));return
c[a]});b.push(a);return  b.join(!)}function
l(){return
f.getEntriesByType(resource).filter(function
(a){return      d._rre(a)n
2==d._rtn)&&b.push(n+h(a.name));return
b.join(_)).join(*)}function      p(){var
a=pm,b;for(b      in
c).hasOwnProperty(b)&&(a+=*+c[b]+_+
b);return      a}function
q(){d.log({k:rtiming,value:l()+~+p()},csm)
}if(f&&f.getEntriesByType&&Array.proto
type.map&&Array.prototype.filter&&e.ue
&&e.ue.log){var      g=
{connectStart:c,connectEnd:C,domainLook
upStart:d,domainLookupEnd:D,duration:z,
fetchStart:f,redirectStart:r,redirectEnd:R,re
questStart:q,responseStart:s,responseEnd:S
,startTime:a},d=e.ue,c={},k=1,n=20,m=20
0;d&&d._rre&&(d._art=function(){d._ld&
&window.setTimeout(q,0)}))})(ue_csm
{ },window.performance);
(function(m,h){function I(a){if(a)return
a.replace(/^\s+      //s+$/g,)}function
x(a,e){if(!a)return {} ;a.m&&a.m[k]&&(a=a
.m);var      b=e.m      e[k]
,b=a.m&&a.m[k]?b+a.m[k]:a.m&&a.m.tar
get&&a.m.target.tagName?b+(Error
handler invoked by +a.m.target.tagName+
tag):a.m?b+a.m:a[k]?b+a[k]:b+Unknown
error,b={m:b,f:a.f      a.sourceURL
a.fileName      a.filename
a.m&&a.m.target&&a.m.target.src,l:a.l
a.line      a.lineno
a.lineNumber,c:a.c?+a.c:a.c,s:unknown,t:m
.ue.d(),name:a.name,type:a.type,csm:J+
+(a.fromOnError?onerror:
ueLogError)},d,c,g=0,f=0,n;c=h.location;d
=a.stack      (a.err?a.err.stack:);b[y]=e[y]

```

```

c&&c.href      missing;b[p]=e[p]
z;(c=e[q])&&(b[q]=+c);m.ue_ld_err&&h.p
erformance&&h.performance.timing&&(c
=h.performance.timing,f=window.performa
nce&&window.performance.now&&windo
w.performance.timing?window.performanc
e.now()+window.performance.timing.navig
ationStart:+new
Date,b.Id=0l.mxe))){l.ec++;l.ter.push(a);e=e
  };var b=a[p]  e[p];e[p]=b;e[q]=a[q]
e[q];b&&b!=z  l.ecf++;w(a, e)}function
w(a,e){if(a){var  b=x(a,e),d=e.channel
M;if(ue.log.isStub&&h[u]&&h[u][v]){var
c={};c[d]=b;try{var
g=h[u][v]({rid:ue.rid,sid:m.ue_sid,mid:m.u
e_mid,sn:m.ue_sn,reqs:[c]}),f=h1,n;if(n!=(
f[D]&&f[D](E,g))){var  l;if(h[F]){var
k=new
h[F];k.onerror=s;k.ontimeout=s;k.onprogre
ss=s;k.onload=s;k.timeout=0;l=k}else{var
p;if(h[G]){var  q=new
h[G];p=withCredentialsin q?q:void 0}else
p=void
0;l=p}n=l}if(d=n){d.open(POST,E,!0);if(d
[H])d[H](Content-type,text/plain);d.send(g
)}catch(r){}}else  m.ue.log(b,
d,{nb:1});if(!a.fromOnError){g=h.console
{};d=g.error  g.log  s;c=h[u];f=Error
logged with the Track&Report JS errors
API(http://tiny/1covqr6l8/wamazindeClieU
serJava):
;if(c&&c[v])try{f+=c[v](b)}catch(t){f+=no
info provided; converting to string
failed}else f+=b.m;d.apply(g,[f,b])}}var
G=XMLHttpRequest,F=XDomainRequest,
N=navigator,D=sendBeacon,v=stringify,u=
JSON,p=logLevel,q=attribution,y=pageUR
L,r=skipTrace,H=setRequestHeader,k=mes
sage,s=function(){},E=//+m.ue_furl+
/1/batch/1/OE/,l=m.ue_err,M=m.ue_err_ch
an
jserr,z=FATAL,J=v6,A=20,t=256,L=RegE
xp( (?([^\s]*):( d+): d+ )?.split(
).join(String.fromCharCode(92))),K=/.*@(
.*):(//d*);x[r]=1;C[r]=1;w[r]=1;(function()
{for(var a,e=0;e  (function(c,d){var
b=c.ue,a=d.navigator;b&&b.tag&&a&&(a
=a.connection  a.mozConnection
a.webkitConnection)&&a.type&&b.tag(net
Info:+a.type)})(ue_csm>window);
(function(c,d){function  g(a,b){for(var

```

```

c=unknown,d=0;d
ue_csm.ue.exec(function(d,e,a){function
b(a,b){return{name:a,getFeatureValue:func
tion(){return void 0!==(b 0)}}}function
h(a,b,c){return{name:a,getFeatureValue:fu
nction(){return b===c 0}}}}function
g(a,b){return{name:a,getFeatureValue:func
tion(){for(var a=0;a ue._bf.modules.push(
ue._bf.mpm(cc_ie5, 1) )
ue._bf.modules.push( ue._bf.mpm(cc_ie6,
1) ) ue._bf.modules.push(
ue._bf.mpm(cc_ie7, 1) )
ue._bf.modules.push( ue._bf.mpm(cc_ie8,
1) ) ue._bf.modules.push(
ue._bf.mpm(cc_ie9, 1) )
(function(g,b,h){function c(){var
a;a=h.cookie.match(/session-id=(/[w//-]+)/
);a=null!=a?a[1]:null;var
b=ue_sid,c=Date.now?Date.now():(new
Date).getTime();d[a]
(e.log({k:k,t:c,nsid:a,osid:b},f),d[a]=1)}var
k=sbk,f=csm;b=b.navigator.cookieEnabled
?!0:!1;var
e=g.ue,d={};e.log({k:cinf,enbl:b},f);b&&ue
e_sid&&(d[ue_sid]=1,e.attach(beforeunloa
d,c),setInterval(c,1E3)))(ue_csm>window,
document);
ue_csm.ue.exec(function(e,f){var a=e.ue
{};b=a._wlo,d;if(a.ssw){d=a.ssw(CSM_pre
viousURL).val;var
c=f.location,b=b?b:c&&c.href?c.href.split(
#)[0]:void 0;c=(b
)===a.ssw(CSM_previousURL).val;!c&&
b&&a.ssw(CSM_previousURL,b);d=c?relo
ad:d?intrapage-transition:first-view}else
d=unknown;a._nt=d},NavTypeModule)(ue
_csm>window); var
ue_mbl=ue_csm.ue.exec(function(e,a){fun
ction k(f){b=f
{};a.AMZNPerformance=b;b.transition=b.t
ransition {};b.timing=b.timing
{};if((f=a.webclient&&function===typeof
webclient.getRealClickTime?a.cordova&&
a.cordova.platformId&&ios===cordova.plat
formId?!1:!0:!1)&&b.tags instanceof
Array){var
c;c=-1!=b.tags.indexOf(usesAppStartTime)
b.transition.type?!b.transition.type&&-1

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